

## AIR FORCE AID SOCIETY (AFAS)

Provides emergency assistance, supports community enhancement programs and sponsors education assistance via the Henry "Hap" Arnold scholarships, grants, and loans program. Community enhancement programs focus on improving the quality of life for Airmen and families. Emergency assistance provided on a case by case basis may include: interest free loans, grants, bridge loans (in the event of a family death), primary vehicle repair, and basic living expenses. For more information or to apply for assistance, visit <https://afas.org/>.

## SCHOOL LIAISON OFFICE

Bldg. 600 • 907.384.7500/1505

The JBER School Liaison Officers are advocates and intermediaries for students grades

K-12 of military members needing assistance and information with school-related matters. They promote open communication, awareness, and partnerships between the local school districts, military organizations, and parents.



## AIR FORCE FAMILIES FOREVER

This program ensures families of deceased Airmen are provided with immediate and long-term bereavement care, services, and support.

## CASUALTY ASSISTANCE/SURVIVOR BENEFITS

Provides consultation on benefits offered by programs such as DoD, Department of Veterans Affairs, Social Security Administration, Internal Revenue Service, Department of Health and Human Services and other agencies. The Survivor Benefits Program provides retiring Airmen and their spouses the latest information on benefits.

## Military & Family Readiness Center Partners

### MILITARY AND FAMILY LIFE COUNSELORS (MFLC)

907.384.1534

Counselors are licensed professionals who provide situational, problem-solving counseling. They can address a number of issues including deployment, marriage and relationships, parenting, communication, stress/anxiety, depression, grief, loss, and daily life issues. No written records are kept, and it is free to service members and families.

### MILITARY ONESOURCE (MOS)

800.342.9647 available 24/7

The central hub and go-to-resource for the military community. Services include confidential, short-term, non-medical counseling for active duty, National Guard, reserves, and families for up to 12 sessions per person, per issue - at no cost. For more information visit [MilitaryOneSource.mil](http://MilitaryOneSource.mil).

### ARMY EMERGENCY RELIEF (AER)

Bldg. 600 • 907.384.7478

Provides grants, interest-free loans and scholarships to help relieve financial distress of Soldiers and their families.

### SURVIVOR OUTREACH SERVICES (SOS)

Bldg. 600 • 907.384.0272

If you're a surviving family member of a fallen Soldier, SOS offers access to support, information, and services closest to where you live. SOS support is available as long as it is needed.

### RESILIENCY RESOURCES

[JBER.JB.mil/Services-Resources/Connect-Resources](http://JBER.JB.mil/Services-Resources/Connect-Resources)



# MILITARY & FAMILY READINESS CENTERS

### Army Community Service

Richardson Dr. (JBER-R)

Bldg. 600, Room A139

907.384.1517

### People Center

8517 20th St. (JBER-E)

Bldg. 8517, 2nd Floor

907.552.4943

Check out our upcoming classes and events through QR Code or visit:

<https://tockify.com/jbermfrc/>



M&FRC WEBSITE



@JBER MILITARY & FAMILY READINESS CENTER



**Military & Family Readiness Centers provide programs, services, training, education, and referrals to service members, families, retirees, and DoD civilians.**



### **INFORMATION, REFERRAL AND FOLLOW-UP**

Centralized point of contact and primary source of information regarding military and civilian agencies, services, programs, and crisis intervention. Additional services include: computer resource center, copy, and fax facilities.

### **PERSONAL FINANCIAL READINESS**

Provides information and personal financial consultation to assist service members and families in maintaining financial readiness. Services include one-on-one financial counseling appointments to help with budget/spending plan, blended retirement systems, credit/debt management, car buying, individual retirement accounts, uniformed Thrift Savings Plan, and basic investments.

### **EMPLOYMENT READINESS**

Provides job search assistance and referral services for employment. Services include workshops, and individual consults on civilian resume prep, spouse preference eligibilities, and assistance with federal resumes. Classes include: Navigating USAJOBS, Interviewing Skills, and more. Scan for our JBER Eyes on Jobs Facebook page.



### **TRANSITION ASSISTANCE PROGRAM (TAP)**

JBER has both Air Force and Army TAP Centers which provide service members with the knowledge, skills, and abilities to empower them to make informed career decisions, be competitive in the global work force, and become positive contributors to their community as they transition from military service and reintegrate into civilian life. TAP is mandatory for all service members who will transition from military life to civilian life. Spouses are highly encouraged to attend as well!

### **MOBILIZATION/DEPLOYMENT READINESS**

Educates service members and families on the stages of the deployment cycle, training and other aspects of military life. The mission is to develop an adaptable community in which service members and families are prepared for deployment, have access to the support they need throughout its course, and are prepared for any possible challenges while the service member is away and upon return from deployment.



### **PERSONAL AND WORK LIFE**

Services promote community wellness and assist with enhancing quality of life by providing educational family enrichment, resilience classes, and support groups to include: JBER Heart Link/New Spouse Orientation, True Colors, Army Family Team Building (AFTB), Master Resilience Training (MRT), Commander's Key Support Program, and Soldier Family Readiness Groups (SFRG).

### **RELOCATION ASSISTANCE**

Provides service members and families, especially those new to the military, with relocation information, education, and skills development to manage and adapt to the mobile military lifestyle. Programs include: PCS and Pre-arrival Orientation, JBER Newcomers Orientation (mandatory for service members - families welcome) and Sponsorship Training for appointed unit sponsors. Our Loan Locker provides temporary household items during relocation.

### **EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP)**

Provides information and referral services, non-medical case management, training, support and opportunities for families to connect with each other around a common need or concern. An EFMP family member can be an adult or child requiring specialized treatment, therapy, education, training, or counseling.

### **VOLUNTEER RESOURCES**

Provides centralized recruitment, training and recognition of JBER volunteers. Volunteer Coordinators also assist family members with locating volunteer opportunities and supervisors with volunteer placement and problem-solving. Visit our web page to find volunteer opportunities.



**SCAN TO FIND  
VOLUNTEER  
OPPORTUNITIES**

